

A CREATIVE DIRECTION FOR ALTERNATIVE BIRTH PROCEDURES

WE THE UNDERSIGNED ARE ADVOCATES OF ALTERNATIVE BIRTH PROCEDURES. THE ALTERNATIVES SHOULD BE MADE AVAILABLE UPON INDIVIDUAL REQUEST IN PUBLIC AND PRIVATE HOSPITALS OR BIRTHING ENVIRONMENTS. LEGISLATION SHOULD BE ENACTED AT ALL LEVELS TO STUDY THE ALTERNATIVES AND LEGISLATIVE SOLUTIONS.

Alternatives may include any of the following changes in the available facilities or techniques used. It should be noted that the alternatives are not limited to these mentioned.

1. Dimmed lights
2. Warm room temperature
3. Silence
4. No unnecessary personnel
5. Father present and optional tub for water birth
6. Choice of birth position without use of restraints.
7. Use of drugs only upon request after recommendation and explanation
8. Choice of standard operation preparations for pregnant woman if any
9. Episiotomy to be made only if crowning techniques have failed
10. No forced techniques used in delivery except where danger exists to mother or child
11. After the umbilical cord has been cut the child is bonded to the mother by being placed on her stomach. The mother is free to touch , nurse and massage her baby.
12. No use of methods to force breathing except when breathing does not occur spontaneously
13. Cutting the umbilical cord only after the cord has stopped pulsating
14. Natural delivery of the afterbirth
15. The use of Leboyer warm tub bath
16. Use, if at all of silver nitrate or substitute eye drops only after the imprinting experience is completed
17. Baby is to be measured without being hung upside-down and weighed on a padded scale only in emergency or obvious requirement to measure baby.
18. Baby may be allowed to explore its new environment undisturbed
19. Separations stages to be prescribed by the mother and father
20. After separation stages the baby is to be returned to the mother so she may nurse her baby and bond Thereafter no unnecessary or prolonged separation of mother and child and early discharge option.
21. Home and clinic birth options with patient advocate/midwife and or coach in hospital settings.
22. Insurance provisions for birth professionals on par with hospitals.
23. Education about natural birth to the general public and young adults

This petition is being distributed as a creative direction for alternative procedures by V. Charles Dawson. It will be used as a catalyst to bring about change in the area of birth. Through our work we have observed the need for a sensitive approach to birth.

THIS IS AN INDIVIDUAL EFFORT, THEREFORE ALL COPIES OF THIS PETITION SHOULD BE SIGNED AND RETURNED TO:

CREATIVE DIRECTIONS,
PO BOX 3139, CORRALES, NM 87048. www.creativedirectionsbirth.com



